

## Discipline Quotations.

Below are listed several 'Discipline' quotations. They will provide you with inspiration as they did me.

### My Personal Top 5 Discipline Quotes.

1. "Self discipline is when your conscience tells you to do something & you don't talk back."  
**W. K. Hope.**
2. "He who conquers others is strong. He who conquers himself is mighty."  
**Lao-Tzu (BC 600-?, Chinese philosopher, founder of Taoism)**
3. "If we do not discipline ourselves, the world will do it for us."  
**William Feather (1888-19, American writer, businessman)**
4. "One of the great lessons I've learned in athletics is that you've got to discipline your life. No matter how good you may be, you've got to be willing to cut out of your life those things that keep you from going to the top."  
**Bob Richards (1926-, American Olympic pole-vaulting champion)**
5. "The price of excellence is discipline. The cost of mediocrity is disappointment."  
**William A. Ward**

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"Self-respect is the root of discipline; the sense of dignity grows with the ability to say no to oneself."  
**Abraham J. Heschel (1907-1972, Polish educator, author)**

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"No man is such a conqueror, as the one that has defeated himself."  
**Henry Ward Beecher (1813-1887, American preacher, orator, writer)**

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"What we do upon some great occasion will probably depend on what we already are. What we are will be the result of previous years of self-discipline."  
**Henry Parry Liddon (1829-1890, British theologian)**

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"The only discipline that lasts is self discipline."  
**Bum Phillips (1923-, American football coach)**

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"You can judge the quality of their faith from the way they behave. Discipline is an index to doctrine."  
**Tertullian (160-240, Roman Christian author and polemicist)**

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"There is little that can withstand a man who can conquer himself."  
**Louis XIV (1638-1715, French king from 1643-1715)**

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"What it lies in our power to do, it lies in our power not to do."  
**Aristotle (BC 384-322, Greek philosopher)**

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"If you will discipline yourself to make your mind self-sufficient you will thereby be least vulnerable to injury from the outside."  
**Critias of Athens**

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"Some people regard discipline as a chore. For me, it is a kind of order that sets me free to fly."  
**Julie Andrews (1935-, British singer, actress)**

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"He who lives without discipline dies without honor."  
**Icelandic Proverb (Sayings of Icelandic origin)**

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## Discipline Quotations Pt2.

“Discipline is the soul of an army. It makes small numbers formidable; procures success to the weak, & esteem to all.”

**George Washington (1732-1799, American President (1st))**

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“He conquers twice who conquers himself in victory.”

**Author Unknown**

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“If you can command yourself, you can command the world.”

**Chinese Proverb (Sayings of Chinese origin)**

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“Self-command is the main discipline.”

**Ralph Waldo Emerson (1803-1882, American poet, essayist)**

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“To put a tempting face aside when duty demands every faculty is a lesson which takes most men longest to learn.”

**Gertrude Atherton**

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“Not being able to govern events, I govern myself, & apply myself to them if they will not apply themselves to me.”

**Michel Eyquem De Montaigne (1533-1592, French philosopher, essayist)**

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“Brave is the lion tamer, brave is the world subduer, but braver is the one who has subdued himself.”

**Johann Gottfried Von Herder (1744-1803, German critic and poet)**

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“Anybody who gets away with something will come back to get away with a little bit more.”

**Harold Schoenberg**

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“Where one person shapes their life by precept & example, there are a thousand who have shaped it by impulse & circumstances.”

**James Russell Lowell (1819-1891, American poet, critic, editor)**

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“I believe that the road to pre-eminent success in any line of work is to make yourself master of that line of work.”

**Andrew Carnegie (1835-1919, American industrialist, philanthropist)**

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Every day, every trade requires 100% discipline.

**Discipline = Emotional Mastery, A Formula Of Confidence/Caution + Humility.**

Confident but no caution = Arrogance. Cautious but not Confident = a lack of Conviction, Weakness.

A freedom from pride & Arrogance is Humility. A Weak Trader will never win in the long run.

**A Super Trader = A Disciplined Trader. In Discipline, No Weakness Can Exist.**

**DowBoy (Writer & Trader b.1967)**

Website: [www.daytradinglife.com](http://www.daytradinglife.com)

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Discipline Vs Regret. In life, you're guaranteed to experience one of two pains: the pain of discipline or the pain of regret. Jim Rohn says “We must all suffer from one of two pains: the pain of discipline or the pain of regret. The difference is discipline weighs ounces while regret weighs tons. ”

**Jim Rohn (American businessman, author, speaker, philosopher)**

Author's website: [www.jimrohn.com](http://www.jimrohn.com)

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*“I wish you well in your journey & in your trading.”*

DowBoy b.1967 - Written 2<sup>nd</sup> June-2009  
<http://www.Daytradinglife.com>